

Memory Lane is suitable...



Our Dementia Day Service, known as Memory Lane, is suitable for those living with dementia who are able, with support, to enjoy spending time with others in a group setting.

The small group size will provide ample opportunity to deliver activities tailored to individual needs and interests.

If you or the person you care for might benefit from our Day Service, please contact us and we will arrange to meet you to make sure this is the right option for you.

We cannot provide personal care.

A FREE trial session is available for you to attend for both parties to assess if this is the right setting for you.

☎ 0345 604 1472 ✉ memorylane@lincolnshirehp.com



Unlock your creativity

We also offer FREE Creative Arts sessions to those living with dementia and their carers, on the second and fourth Wednesday of every month, at Mayfields.

The sessions are led by talented local artists and supported by LHP dementia trained staff, who can also provide information, signpost and refer into other services.

No artistic talent is required – just a desire to relax, have a go and enjoy the company of other participants.

Complimentary refreshments are also provided.

Booking is required. Just call **01205 318588** and our Telecare team will take your details or email MemoryLane@lincolnshirehp.com

LHP

 **Lincolnshire
ageUK**



Memory Lane Dementia Day Service

provided by Lincolnshire Housing Partnership and supported by Age UK Lincolnshire.

Dementia takes many forms and goes through many stages. At some point, most people will need some support.

We are here to support those living with dementia, their carers and family.

LHP Lincolnshire
Housing
Partnership

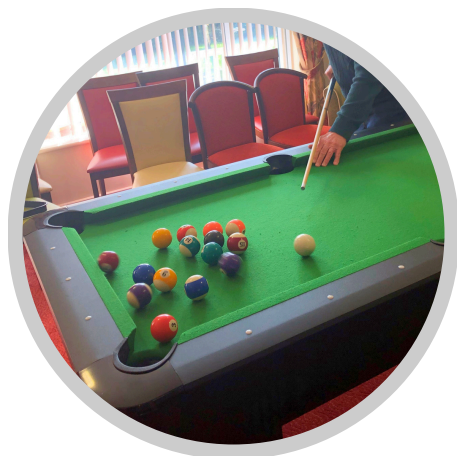
We want our loved ones to remain independent for as long as possible but a diagnosis of dementia can make caring harder than it used to be.

Our Dementia Day Service, called Memory Lane, combines a safe, enjoyable experience for them with an opportunity for you, the carer, to recharge your batteries for a day.

Our service is run and managed by Lincolnshire Housing Partnership within our **Mayfields Extra Care Scheme**, Broadfield Lane, Boston, Lincs. PE21 8GH every **Tuesday and Thursday**.

Costs

Full Day	£60.83
Half Day	(4 hours) £42.03
Hourly rate	£11.06
Lunch	£7.50



We can offer...

Full Day Service from 10am-4pm
Half Day Service 10am-2pm or 12-4pm
Shorter hourly sessions by arrangement
A secure and peaceful environment
Staff trained in dementia care
Time, patience and understanding
The opportunity to socialise with others within a small group
Activities designed to engage and stimulate
A nutritious two course lunch (additional cost applies)
Refreshments throughout the day
Signposting to other services for carers
One free trial session to help us and you assess if this is the right environment.



Our Activities

Activities don't just pass time... They help the person living with dementia to retain or sometimes regain important skills and provide enjoyment and social contact. Recent research has shown that relatively short periods of shared activity and social interaction achieved a 25% improvement in behavioural symptoms.

Encouraging someone with dementia to do something creative, some gentle exercise, or take part in an activity helps them to realise their potential, which improves their self-esteem and reduces loneliness. Our activities are personalised to the person's current interests, previous occupation and interests, and current cognitive function and abilities.

Some of the activities on offer:

Singing	Football
Gardening	New Age Bowling
Puzzles	Curling
Football	Reminiscence
	Pool

Bar games: Darts/Cards/Dominos/Shove Ha'penny/Bar skittles